

GIFT BOXES



10 - 8oz.
Tenderloin Filets
Wrapped with Bacon
\$95.99

8 - 12oz.
Tenderloin Filets
Wrapped with Bacon
\$99.99

10 - 8oz.
USDA Choice Sirloin Filets
\$49.99

8 - 12oz.
USDA Choice Rib Eyes or New York
\$99.99



10 - 8oz.
Boneless Chicken Breasts
\$29.99

Naughty or Nice Gift Box

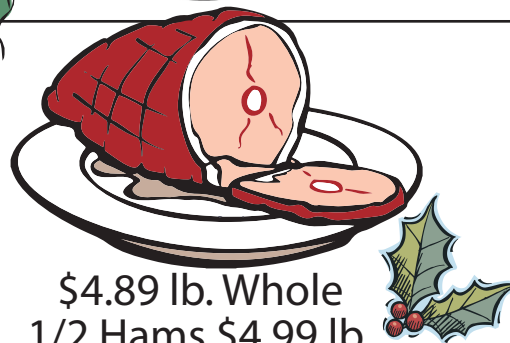
2 - 8oz. Bacon Wrapped Tenderloins
2 - 8oz. Sirloin Filets
2 - 8oz. Boneless Pork Chops
2 - 8oz. Chicken Breast
1lb. Lean Ground Beef

\$49.99

Combination Gift Box

2 - 8oz. Bacon Wrapped Tenderloins
2 - 12oz. Bacon Wrapped Tenderloins
2 - 10oz. New York Strips
2 - 10oz. Rib Eyes
2 - 8oz. Boneless Chicken Breasts

\$99.00



\$4.89 lb. Whole
1/2 Hams \$4.99 lb.
Boneless \$6.59 lb



Holiday Special Cuts

Boneless Rib Roast \$19.99lb.

Bone-In Rib Roast \$18.99lb.

Whole Beef Tenderloin \$19.49lb.

Fondue Meat Cubes \$12.99lb.

Crown Roast of Pork \$6.99lb.

-White Bear Lake-
2002 1/2 County Rd. E (651)777-2455

HEAT AND SERVE

Roast Beef Au Jus \$9.99 lb.
10 lbs. or more \$9.49 lb.

Smokehouse BBQ Beef \$9.99 lb.
or Pork 10 lbs. or more \$9.49 lb.

Homemade Shredded Beef \$9.99 lb.
10 lbs. or more \$9.49 lb.

Homemade Porketta \$8.99 lb.
10 lbs. or more \$8.49 lb.

Homemade Shredded \$8.99 lb.
Chicken or Turkey 10 lbs. or more \$8.49 lb.



"Homemade" Sheppard Pies

Beef, Pork, Chicken, Turkey, & Lamb

NEW!

- Baking Time -

325° for 1 1/2 Hours

"Great Meal - Little Work"

Holiday Ideas

Swedish Sausage \$7.99 lb.

Fresh Lutefisk Market Price

Select Oysters Market Price

Herring \$6.99 lb.

5 lb. Meatballs \$18.99 ea.



**** GIFT CERTIFICATES ****

Holiday Hours

12/24 8:00 - 2:00, 12/25 CLOSED

12/31 8:00 - 5:00, 1/1 CLOSED





HOLIDAY DINNER COOKING TIPS

BONE-IN ROAST 18.99/LB

Preheat the oven to 350° F

Place meat bone side down

DESIRED COOK TIME:

4 – 6 lbs: 1.5 – 2 hours
6 – 8 lbs: 2 – 2.5 hours
8 – 10 lbs: 2.5 – 3 hours

TARGET INTERNAL TEMPERATURE: 130° F

Let roast stand for 10-15 minutes and allow the internal temperature to rise to 135° F

BONE-LESS ROAST 19.99/LB

Preheat the oven to 350° F

DESIRED COOK TIME:

3 – 5 lbs: 1.5 – 2 hours
4 – 6 lbs: 2 – 2.5 hours
6 – 8 lbs: 2.5 – 3 hours

TARGET INTERNAL TEMPERATURE: 130° F

Let roast stand for 10-15 minutes and allow the internal temperature to rise to 135° F

TENDERLOIN ROAST 19.49/LB

Preheat the oven to 325° F

DESIRED COOK TIME:

2 – 3 lbs: 35 – 40 minutes
3 – 5 lbs: 50 – 60 minutes

TARGET INTERNAL TEMPERATURE:

125° F = MEDIUM RARE

Let roast stand for 10-15 minutes and allow the internal temperature to rise to 130° F

CROWN ROAST OF PORK 6.99/LB

Preheat the oven to 325° F

COOK FOR:

2.5 hours

TARGET INTERNAL TEMPERATURE: 145-150° F

Let roast stand for 10-15 minutes and allow the internal temperature to rise to 150-155° F

HOMEMADE HAM 4.89/LB

Preheat the oven to 325° F

DESIRED COOK TIME:

Whole: 2 hours
Half: 1 hours

- Happy Holidays -

from everyone at Flicker Meats

If you have any questions, feel free to call us at (651) 777-2455